

CONTACT

295 Ross River Road
Aitkenvale QLD 4814
Phone (07) 4725 6060
manager@afhc.net.au
www.afhc.net.au

HOURS

Mon, Wed, Thurs 8am–6pm
Tues & Fri 8am–4pm
Saturday 8am–11:30am

APPOINTMENTS

Please ring 47256060 or Book online for an appointment at www.afhc.net.au

AFTER HOURS

For medical attention or all home visits outside of our standard Practice hours please contact Hello Home Doctor Service on 134 100 or visit their website www.hellohomedoctor.com.au

OUR DOCTORS

Dr Michael Hughes **MB BS, FRACGP**
Dr Paul Gilbert **MB BS, FRACGP**
Dr Preeti Kandpal **MBBS, FRACGP, MRCOG**
Dr Vibhav Pandey **MBBS, FRACGP, Certified in Advanced Skin Cancer Surgery**
Dr Amir Taravati



WELCOME TO JUNE

As winter begins, we encourage everyone to take a proactive approach to their health and wellbeing. This is a timely reminder to book your annual health check, ensure your vaccinations are up to date, and seek medical advice early if you develop cold or flu symptoms.

WINTER HEALTH TIPS

Keep well this winter with these simple steps:

- Book your flu vaccination if you haven't already.
- Wash your hands regularly and stay home when unwell.
- Maintain a healthy diet, regular exercise, and adequate sleep to support your immune system.

WE'RE NOW ON FACEBOOK!

We're pleased to announce the launch of our new Facebook page, where we'll be sharing important practice updates, health information, seasonal health tips, service announcements, and community news.

We invite all our patients and community members to like and follow our page to stay connected with us.

Follow us on Facebook: Aitkenvale Family Health Centre

NEW ONLINE BOOKING AVAILABLE

Patients can now book appointments online, making it easier and more convenient to access healthcare when you need it.

With our new online booking system, you can:

- ✓ Book appointments 24 hours a day, 7 days a week
- ✓ View available appointment times without calling the practice
- ✓ Schedule appointments at your convenience
- ✓ Receive appointment confirmations and reminders

Book online today on our website: www.afhc.net.au

If you need assistance or are unsure which appointment type to select, our reception team is happy to help

WELCOME OUR NEW DOCTOR

We welcome Dr Amir Taravati to our team.

Appointments with Dr Taravati are now available and can be booked by contacting our reception team.